

Alliance Redwoods Outdoor Education

6250 Bohemian Hwy. Occidental, CA 95465

Tel. (707) 874-3507 Fax (707) 874-2509

Preparation Check List

Please supply the following information no later than 3 weeks before your arrival.

- 1 Total Number of Students/Counselors and Teachers coming to Outdoor Education Camp.
- 2 Certificate of Liability Insurance with an Endorsement (You will have to call your insurance company and request this certificate listing Alliance Redwoods as additionally insured.)
- 3 Cabin Assignment Sheet (these forms will be supplied with the Outdoor Education packet.) There are 7 students per 1 counselor in each cabin.
- 4 Class Selections including field trip information.
- 5 Additional room requests for students with special needs.
- 6 T-shirt and sweatshirt orders must be turned in at least 3 weeks prior to arrival to guarantee correct sizes and amounts.
- 7 Arrangements for the method of final payment, which is due upon arrival.

If you have any questions concerning the above please contact Angie Cave at:

phone: (707) 874-3507 ext. 140

e-mail: beckiej@allianceredwoods.com

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JOURNAL TIME QUESTIONS

First Day

Describe two ways you can make this a great week for yourself and others.

What are you looking forward to doing this week at Outdoor Education?

What are your feelings and thoughts BEFORE your night hike?

Also see the Expectations page near the front of the journal.

Middle Days

What was something new you learned today?

Describe your Night Hike experiences. Write a poem about it.

What nature study did you like best today? Why?

Describe one thing that you tried for the first time today.

What's something new you discovered about your cabinmates, your teacher and yourself today?

Describe the most important thing you did today.

Thursday (or back at school)

What will you remember the most about this past week?

What challenged you the most this week?

Did you meet your expectations for the week?

Also see the Reflections page near the end of the journal.

Other Ideas for Journal Time

Sketch scenes from you experiences at Alliance Redwoods camp.

Write a story about your adventures at camp.

Write a poem.

Write postcards home.

Sing camp songs!

CAMP PROVIDES STUDENT WORKBOOKS WITH JOURNAL TIME PAGES INCLUDED.